

## Trainings for Macon County



### ECE Level 1 Credential Modules Schedule

**6:30 pm to 9:30 pm**

*Tier 1: One module/day*

**Discovery Depot, 2715 N. 27<sup>th</sup> St.**

Sept 20 (*Mod. 1*) • Sept. 21 (*Mod. 2a*)

Sept 27 (*Mod. 2b*) • Sept. 28 (*Mod. 2c*)

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**9:00 am to 4:00 pm**

*Tiers 1, 2, 3: Two modules/day*

**Discovery Depot, 2715 N. 27<sup>th</sup> St.**

Oct. 7 (*Mod. 1, 2a*) • Dec. 2 (*Mod. 2b, 2c*)

Dec. 9 (*Mod. 3, 4*) • Dec. 16 (*Mod. 5, 6*)

Jan. 6 (*Mod. 7a, 7b*) • Jan. 20 (*Mod. 7c, 8a*)

Jan. 27 (*Mod. 8b, 8c*) • Feb. 3 (*Mod. 8d, 9*)

**Decatur**

#### **September 12 – Decatur – What is CCAP?**

6:30 pm to 8:30 pm ■ Creative Kids Day Care, Fireside Room ■ 1177 W. Hickory Point Road

Join this informative session to become more familiar with Illinois Child Care Assistance Program (CCAP) policies and procedures, including the application process, provider qualifications, payment process, and parent co-payments. The CCAP is funded by the Illinois Department of Human Services. *Presenter: CCRS Staff.*

**FCC & Centers • Call CCRS to register • 2 Training Hours • FREE**

#### **September 16 – Decatur – CPR/First Aid**

8:00 am to 12:15 pm ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street ■ *Presenter: Doug Olsen*

**FCC & Centers • Call Doug Olsen at (217) 649-4389 to register • \$60 for BOTH • PDF Reimbursable**

#### **September 19 – Decatur – Macon County Child Care Director's Association**

12:30 pm to 2:30 pm ■ EDCO ■ 125 N. Water Street, Suite 200 ■ Center Directors ■ Contact *Dani Craft* at (217) 429-3000

### **September 21 – Forsyth – CPR/First Aid**

6:00 pm to 9:30 pm ■ Kids N Fitness ■ 535 W Marion ■ *Presenter: Jessica McMahon*

**FCC & Centers • Call Jessica McMahon at (217) 898-8846 to register • \$60 for BOTH • PDF Reimbursable**

### **September 27 – Decatur – ECE Credential Level 1 / Tier 1, Module 2b: Nutrition Issues for Group Care**

6:30 pm to 9:30 pm ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

Whether you're responsible for providing a quick snack or a well-balanced meal, understanding children's dietary needs creates healthier and happier kids. Learn the basics of good nutrition, food safety and various practices surrounding nutrition through this class that offers hands-on activities and practical discussions that will make science and good nutrition easy-to-understand. *Presenter: Cara McMorris, ITN Trainer.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE**

### **September 28 – Decatur – ECE Credential Level 1 / Tier 1, Module 2c: Safety Issues for Group Care**

6:30 pm to 9:30 pm ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

A child's safety is the number one concern for parents and child care providers alike. In this fourth class, you'll identify tips for creating a safer group care environment, confront the issue of abuse and neglect, and learn more about emergency preparedness and first aid. *Presenter: Cara McMorris, ITN Trainer.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE**

### **September 30 – Decatur – CPR/First Aid**

CPR: 8:00 am to 12:15 pm ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street ■ *Presenter: Doug Olsen*

**FCC & Centers • Call Doug Olsen at (217) 649-4389 to register • \$60 for BOTH • PDF Reimbursable**

### **October 7 – Decatur – ECE Credential Level 1 / Tier 1, Module 1: Child Development Overview**

9:00 am to 12:00 noon ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

Participants receive an overview in child development for children, birth through early school-age. Emphasis will be on understanding basic milestones in development as well as strategies used to promote the healthy development of children. *Presenter: Cara McMorris, ITN Trainer.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE • Bring Your Own Snacks. Lunch is on your own.**

### October 7 – Decatur – ECE Credential Level 1 / Tier 1, Module 2a: Health Issues for Group Care

1:00 pm to 4:00 pm ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

Ensuring a child's health and well-being requires more than basic first aid and emergency contacts. In this class, you'll learn how to help the growth of healthy children—from the basics like hand-washing to a more in-depth look at various practices surrounding health care. *Presenter: Cara McMorris, ITN Trainer.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE • Bring Your Own Snacks.**

### October 7 – Decatur – Introduction to the Environment Rating Scales

8:00 am Check-In; 8:30 am to 12:45 pm Workshop ■ Wee Folk II ■ 1170 E. Orchard

Space is Limited. REGISTRATION DEADLINE: 9/22/17. NO WALK-INS

The training is for family child care and center-based programs and provides an overview of the Environment Rating Scales (ERS). ERS are user-friendly assessment tools that measure the quality of the learning environment for infants through school-age. After completing this training, participants will be able to use the tool(s) for program self-assessment and improvement planning. *Presenters: Tina Wiegel and Kathy Martin, Quality Specialists, CCRS.*



**FCC & Centers • Call CCRS to register • 4 Training Hours • \$10.00 • Make check payable to “University of Illinois”**

### October 10 – Decatur – “If You Give A...”: Celebrating Laura Numeroff Books

6:30 pm to 8:30 pm ■ Creative Kids Daycare ■ 1177 W. Hickory Point Road

This workshop will give you hands-on activities that you can do with Laura Numeroff books. You may want to bring a box to help take your activities home! *Presenter: Sue Heidle, Early Childhood Consultant.*

**FCC & Centers • Call CCRS to register • 2 Training Hours • FREE**

### October 16 – Decatur – CPR/First Aid

6:00 pm to 9:30 pm ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street ■ *Presenter: Jessica McMahon*

**FCC & Centers • Call Jessica McMahon at (217) 898-8846 to register • \$60 for BOTH • PDF Reimbursable**

### October 19 – Decatur – Why? What if?

7:00 pm to 9:00 pm ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

Why? What if... science stretchers to make science “explode” as we explore a disposable diaper, extra-sensory experiments, and more. *Presenter: Rhonda Costa, Director, The Caring Place.* **FCC & Centers • Call CCRS to register • 2 Training Hours • FREE**

### **November 14 – Decatur – Promoting Positive Interactions between Children**

6:30 pm to 8:30 pm ■ Creative Kids Daycare ■ 1177 W. Hickory Point Road

Interactions between children are important in learning social and emotional skills. While negative interactions are opportunities for teachable moments, modeling positive interactions is the best way to increase positive behaviors in children. This interactive workshop will provide you with examples of research-based ways of creating positive interactions for the children in your care. *Presenter: Jolie Carsten, LCSW, Clinical Director, Elliott Counseling Group.*

**FCC & Centers • Call CCRS to register • 2 Training Hours • FREE**

### **November 16 – Decatur – Implementation of ASQ3 & ASQ: SE2 in Childcare Settings**

7:00 pm to 9:00 pm ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

This session will focus on how to effectively use both the Developmental ASQ3 and Social Emotional Ages and Stages ASQ: SE2 Screening Questionnaires effectively in a childcare setting. Participants will look at the benefits of using screenings as well as the steps required to implementing and administering screenings with children and families in your program. *Presenter: Renee Brennan, MSW, Early Childhood Mental Health Consultant, Caregiver Connections.* **FCC & Centers • Call CCRS to register • 2 Training Hours • FREE**

### **November 18 – Decatur – CPR/First Aid**

8:00 am to 12:15 pm ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street ■ *Presenter: Doug Olsen*

**FCC & Centers • Call Doug Olsen at (217) 649-4389 to Register • \$60 for BOTH • PDF Reimbursable**

### **November 21 – Decatur – Macon County Child Care Director's Association: Circle of Security Overview**

12:30 pm to 2:30 pm ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street ■ Center Directors ■ Contact *Sue Fouts at (217) 429-1052*

Circle of Security Overview: "Circle of Security Parenting" implements decades of attachment research in an accessible, step-by-step process to educate parents and caregivers in group settings, home visitation, or individual counseling. This training is ideal for individuals working with children in the zero to five ranges and presents examples of secure and problematic parent/child interaction, healthy options in caregiving, and animated graphics designed to clarify principles central to Circle of Security. *Presenter: Renee Brennan, Early Childhood Mental Health Consultant, Caregiver Connections*

### **December 2 – Decatur – ECE Credential Level 1 / Tier 1, Module 2b: Nutrition Issues for Group Care**

9:00 am to 12:00 noon ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

Whether you're responsible for providing a quick snack or a well-balanced meal, understanding children's dietary needs creates healthier and happier kids. Learn the basics of good nutrition, food safety and various practices surrounding nutrition through this class that offers hands-on activities and practical discussions that will make science and good nutrition easy-to-understand. *Presenter: Cara McMorris, ITN Trainer.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE • Bring Your Own Snacks. Lunch is on your own.**

### **December 2 – Decatur – ECE Credential Level 1 / Tier 1, Module 2c: Safety Issues for Group Care**

1:00 pm to 4:00 pm ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

A child's safety is the number one concern for parents and child care providers alike. In this fourth class, you'll identify tips for creating a safer group care environment, confront the issue of abuse and neglect, and learn more about emergency preparedness and first aid. *Presenter: Cara McMorris, ITN Trainer.*

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### **December 9 – Decatur – ECE Credential Level 1 / Tier 2, Module 3: Observation and Guidance**

9:00 am to 12:00 noon ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

To know how to best help children in your care, it's important to observe them and identify their specific needs. This session will define the different kinds of observation you can use when caring for children and how to offer more effective guidance and discipline. *Presenter: Cara McMorris, ITN Trainer.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE • Bring Your Own Snacks. Lunch is on your own.**

### **December 9 – Decatur – ECE Credential Level 1 / Tier 2, Module 4: Learning Happens in Relationships**

1:00 pm to 4:00 pm ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

Our kids are constantly responding to family members, teachers and social relationships that help shape their understanding of the world around them. This class explores how relationships between families, children, and teachers, can help learning and how crafting the environment around them can help children learn. *Presenter: Cara McMorris, ITN Trainer.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE**

### **December 16 – Decatur – ECE Credential Level 1 / Tier 2, Module 5: Family and Community Relationships**

9:00 am to 12:00 noon ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

As our partner in child development, families – especially parents – directly affect a child's learning. In this class, you will learn new ways of working with parents to help their children enjoy learning. You also will explore the social work of a family to be sure that the learning that takes place in your care is consistent with the learning done at home. *Presenter: Cara McMorris, ITN Trainer.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE • Bring Your Own Snacks. Lunch is on your own.**

### **December 16 – Decatur – ECE Credential Level 1 / Tier 2, Module 6: Personal and Professional Development**

1:00 pm to 4:00 pm ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

What does it mean to be a child care professional? How can you be sure you are getting the support and supplies you need? How can you set effective limits with parents and children alike? In this class, you'll learn about your own professional development and how to care for yourself so you can continue to care for others. *Presenter: Cara McMorris, ITN Trainer.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE • Bring Your Own Snacks.**

### **January 6 – Decatur – ECE Credential Level 1 / Tier 3, Module 7a: Child Development Birth to 8 Months**

9:00 am to 12:00 noon ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

Newborn and young babies are developing at an incredible rate, causing them to have special needs unlike older children. In this class, you'll understand how children from birth to 8 months learn and grow and how to individualize their care accordingly. *Presenter: Cara McMorris, ITN Trainer.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE • Bring Your Own Snacks. Lunch is on your own.**

### **January 6 – Decatur – ECE Credential Level 1 / Tier 3, Module 7b: Child Development 8 Months to 18 Months**

1:00 pm to 4:00 pm ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

In this continuation of the first child development class, you'll explore development among children 8-18 months old. You'll identify how this age group differs in growth and their approach to learning, and you'll discover toys, games, and songs that are helpful and just right for their development. *Presenter: Cara McMorris, ITN Trainer.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE • Bring Your Own Snacks.**

### **January 16 – Decatur – Macon County Child Care Director's Association**

12:30 pm to 2:30 pm ■ Decatur Day Care Center ■ 2715 N. 27<sup>th</sup> Street ■ Center Directors ■ Contact *Janice Baldwin at (217) 422-2044*

### **January 20 – Decatur – ECE Credential Level 1 / Tier 3, Module 7C: Child Development 18 to 36 Months**

9:00 am to 12:00 noon ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

Toddlers are an energetic bunch who require plenty of stimulation and education. In this final session of child development training, you'll explore how children 18 months to 36 months learn language, learn to think, learn to move and learn feelings, so you can better nurture this often curious age group. *Presenter: Cara McMorris, ITN Trainer.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE • Bring Your Own Snacks. Lunch on your own.**

### **January 20 – Decatur – ECE Credential Level 1 / Tier 3, Module 8a: Preschool Development – Social Emotional Development**

1:00 pm to 4:00 pm ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

As children approach preschool age, their needs begin to change. This is the first of our four classes designed to better understand children as they approach school-age. You'll identify characteristics of social and emotional development and learn techniques for promoting appropriate and effective discipline for preschool children. *Presenter: Cara McMorris, ITN Trainer.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE • Bring Your Own Snacks.**

### **January 27 – Decatur – ECE Credential Level 1 / Tier 3, Module 8b: Preschool Development – Physical Development**

9:00 am to 12:00 noon ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

As toddlers mature, their minds aren't the only things growing at an incredible rate. You'll understand the special area of physical development in preschool-age children. You'll also learn about fine motor activities that will help preschoolers grow into their bodies while developing coordination and movement. *Presenter: Cara McMorris, Early Childhood Consultant.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE • Bring Your Own Snacks. Lunch is on your own.**

### **January 27 – Decatur – ECE Credential Level 1 / Tier 3, Module 8C: Preschool Development – Language Development**

1:00 pm to 4:00 pm ■ Discovery Depot ■ 2715 N.27<sup>th</sup> Street

Appropriate speech patterns and language skills are crucial to nurturing effective communications by preschoolers. In this third class on preschool development, you'll explore how to use picture and story books to lay the foundation for good reading and proper language use. This class comes complete with discussions how to help children with special needs. *Presenter: Cara McMorris, ITN Trainer.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE • Bring Your Own Snacks.**

### **February 3 – Decatur – ECE Credential Level 1 / Tier 3, Module 8d: Preschool Development – Cognitive Development**

9:00 am to 12:00 noon ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

In this final session on preschool development, you'll dive deeper into how preschoolers learn and identify tips for making learning fun. With suggestions for activities that encourage your preschoolers to explore numbers, shapes, colors, and science, this class gives all the information you need to grow and stretch the ability of children to think and understand. *Presenter: Cara McMorris, ITN Trainer.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE • Bring Your Own Snacks. Lunch is on your own.**

### **February 3 – Decatur – ECE Credential Level 1 / Tier 3, Module 9: School-Age Development**

1:00 pm to 4:00 pm ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

Completing the important section of child development, this class looks at school-aged children to uncover how their learning and growth differ. With tips on how to better care for school-age youth, this class offers you guidance on how to set rules and limits and to get our school-aged kids to appreciate safety and respect. *Presenter: Cara McMorris, ITN Trainer.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE • Bring Your Own Snacks.**