### September 2015 Trainings

#### ExceleRate Illinois Training

<table>
<thead>
<tr>
<th>Date</th>
<th>Location</th>
<th>Event Details</th>
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| Sept 21 | Champaign - Program for Infant Toddler Care (PITC) | 6:30 pm to 8:30 pm • First United Methodist Church • 210 W. Church Street  
Module 1, Session 2: Social Emotional Milestones See insert for more information. Presenter: Barb Schuldt, Infant/Toddler Specialist  
FCC & Centers • Call CCRS to register • 2 Training Hours • CDA 3, 4, 6, 7, 8 • $3.00/session or $12.00 for Module 1 |
| Sept 22 | Urbana - Working with Children Who Display Challenging Behaviors | 7:00 pm to 9:00 pm • Carle Conference West B • 810 University Avenue  
By taking a step back and looking at challenging behaviors in the context of childhood trauma, one can also begin to see why a child may display these behaviors. But what do you do? This workshop will help participants gain an understanding of the impact that childhood trauma has on a child, as well as teach adults how to use humor and other creative strategies to work with these children. Presented by: Tamara Guy, Prevention Specialist, Prevent Child Abuse Illinois  
FCC & Centers • Call CCRS to register • 2 Training Hours • CDA 3 • FREE |
| Sept 23 | Urbana - Taking Care of You: Stress Management for FCC Providers | 7:00 pm to 9:00 pm • Bevier Hall • 905 S Goodwin Avenue  
See Insert for Details  
FCC ONLY • Call CCRS to register • 2 Training Hours • CDA 1 • FREE |
| Sept 26 | Urbana - We Choose Health! | 7:30 am check-in; training: 8:00 am to 5:00 pm • Bevier Hall • 905 S. Goodwin Avenue Make check payable to “University of Illinois”  
This workshop will help you to “choose healthy” by:  
• helping you recognize the nutritional quality of the food that you serve;  
• informing you about the amount and quality of physical activity that children require;  
• demonstrating how to promote nutrition and physical activity in your everyday interactions with children;  
• describing how to set-up the environment in your program to promote physical activity and healthy eating, and  
• showing you how to use the NAP SACC to improve the quality and quantity of healthy nutrition and activities in your program. This training introduces the basics of conducting a developmental nutritional and activity screening Presenters: Sarah Williams, Richelle Gentry, and Tzia Hibler, Child Care Resource Service  
FCC & Centers • Call CCRS to register • 8 Training Hours • CDA 1, 2 • $10.00 (lunch included) |
| Sept 28 | Champaign - Program for Infant Toddler Care (PITC) | 6:30 pm to 8:30 pm • First United Methodist Church • 210 W. Church Street  
Module 1, Session 3: Understanding Children’s Behavior See insert for more information. Presenter: Barb Schuldt, Infant/Toddler Specialist  
FCC & Centers • Call CCRS to register • 2 Training Hours • CDA 3, 4, 6, 7, 8 • $3.00/session or $12.00 for Module 1 |
| Sept 28 | Springfield – 14th Biennial Conference: Sharing a Vision | Crowne Plaza • 3000 S Dirksen Parkway  
Speakers include: Jennifer Daniels, a performing songwriter out of Lookout Mountain, Georgia, will demonstrate “Interactive Literacy and Music Fun in Learning” and “Interactive Literacy and Music: Emphasis on Kids with Autism and Sensory Processing Issues”; and, Robin McWilliam, PhD., Director of the Siskin Center for Child and Family Research, who will present: “All the Intervention Occurs Between Visits”, “Routines are the Vertebrae of Families”, and “The Child’s Second and Third Teacher.  
For more information, go to http://sharingavision.org/ |