

### **March 1 – Urbana – SAYD Credential Level 1/ Tier 2, Module 5B: Programming**

6:30 pm to 9:30 pm ■ Leal School ■ 312 W. Oregon ■ *Presenter: Sandy Davin, Director, Before & After School Programs, Urbana School District #116*  
FCC & Centers • Call CCRS to register • 3 Training Hours • FREE

### **March 2 – Mahomet – 2, 4, 6, 8 – This is How We Regulate!!! Sensory Processing: Strategies for Teaching Kids about Self-Regulation**

7:00 pm to 9:00 pm ■ Mahomet Public Library ■ 1702 E. Oak Street

Sensory and motor interaction with the world is the foundation of growth, development and learning for a child. Sensory deficits can be linked to atypical and challenging behavior in young children. This workshop explores how to utilize strategies for the behavior of young children; explores strategies for the mouth, move, touch, look, and, listen categories to help children self-regulate in the classroom. We will look at ways for adults to understand what strategies their own nervous systems employ to achieve and maintain appropriate alert states throughout their daily work. *Presenter: Renee Brennan, MSW, Early Childhood Mental Consultant, Caregiver Connections.*

FCC & Centers • Call CCRS to register • 2 Training Hours • FREE

### **March 2 – Urbana – ExceleRate™ Illinois Orientation for Family Child Care Providers**

6:30 pm to 8:30 pm ■ Bevier Hall ■ 905 S. Goodwin Avenue

ExceleRate™ Illinois is the quality recognition and improvement system for licensed family child care. This orientation provides an overview of the goals, quality indicators, benefits of participation, application process, and the system supports available for success at reaching each Circle of Quality. *Presenters: Tina Wiegel and Jenny Garinger, Quality Specialists, Child Care Resource Service*

FCC Only • Call CCRS to register • 2 Training Hours • FREE

### **March 4 and March 11 – Urbana – The Redleaf Family Child Care Curriculum: Teaching Through Quality Care**

7:30 am check-in; 8:00 am to 5:00 pm Workshop ■ Bevier Hall ■ 905 S. Goodwin Avenue

Space is Limited. REGISTRATION DEADLINE: 2/19/17. NO WALK-INS. *No Lunch Provided.*

Family child care providers will explore key elements of curriculum that support children's development through all domains during the early years, infancy through kindergarten age. Five domains of development will be explored: physical, cognitive, communication and language, and social and emotional, and approaches to learning. Necessary elements to support high quality family child care programs will be explored, including establishing a safe and supportive family child care program, partnering with families, and establishing program policies and practices. *Presented by Sue Heidle, Director, Danville Lutheran School*

FCC Only • Call CCRS to register • 15 Training Hours (*must attend both days to receive credit*) • FREE



### March 7 – Tuscola – What is CCAP?

7:00 pm to 9:00 pm ■ Tuscola Community Building ■ 122 N. Central Avenue

Join this informative session to become more familiar with Illinois Child Care Assistance Program (CCAP) policies and procedures, including the application process, provider qualifications, the payment process and parent co-payments. The CCAP is funded by the Illinois Department of Human Services.

*Presented by Chad Slack, Lead CCAP Support Specialist, CCRS*

**FCC & Centers • Call CCRS to register • 2 Training Hours • FREE**

### March 7, 8, 9 – Urbana – Welcoming Each and Every Child

6:30 pm to 9:15 pm ■ Bevier Hall ■ 905 S. Goodwin Avenue

Space is limited. REGISTRATION DEADLINE: 2/22/17. NO WALK-INS. *Must attend all 3 sessions to receive training credit.*

This training provides information on caring for children with special needs in typical child care settings & helps increase the knowledge and comfort level of participants to enhance their ability to care for young children with disabilities in early childhood environments. Adaptations & modifications that will assist all children to participate in activities will be discussed. Meets the DCFS requirement for early childhood providers in special care inclusion training. *Presenter: Darlene Anderson, Director, Bundles of Joy Learning Center, Champaign*



**FCC & Centers • Call CCRS to register • 7.5 Training Hours • \$15.00 • Make check payable to “University of Illinois”.**

### March 9 – St. Joseph – ADHD: What it Looks Like and What You Can Do

6:30 pm to 8:30 pm ■ Prince of Peace Community Early Learning Center ■ 802 E. Douglas

You know the letters, but what does it really mean in your daily life with kids? Learn to identify a child with ADHD and strategies that help the children and make your day easier. *Presenter: Jolie Carsten, LCSW, MSW, Clinical Director, Elliott Counseling Group*

**FCC & Centers • Call CCRS to register • 2 Training Hours • FREE**

### March 11 – Urbana – ECE Credential Level 1 / Tier 3, Module 7C: Child Development 18 to 36 Months

9:00 am to 12:00 noon ■ Bevier Hall ■ 905 S. Goodwin Avenue

Toddlers are an energetic bunch who, require plenty of stimulation and education. In this final session of child development training, you'll explore how children 18 months to 36 months learn language, learn to think, learn to move and learn feelings, so you can better nurture this often curious age group.

*Presenter: Cara McMorris, ITN Trainer*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE**

### March 11 – Urbana – ECE Credential Level 1 / Tier 3, Module 8A: Preschool Development – Social Emotional Development

1:00 pm to 4:00 pm ■ Bevier Hall ■ 905 S. Goodwin Avenue

As children approach preschool age, their needs begin to change. This is the first of our four classes designed to better understand children as they approach school-age. You'll identify characteristics of social and emotional development and learn techniques for promoting appropriate and effective discipline for preschool children. *Presenter: Cara McMorris, ITN Trainer*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE**

### March 13 – Decatur – PITC / Module 3, Session 2: Discoveries of Infancy

6:30 pm to 8:30 pm ■ Wee Folks II ■ 1170 Orchard Street ■ *Presenter: Barb Schuldt, Executive Director, Wee Folk.*

**FCC & Centers • Call CCRS to register • 2 Training Hours • FREE**

### **March 14 – Decatur – Yoga and the Young Child**

6:30 pm to 8:30 pm ■ St. Paul's Lutheran Early Learning Center ■ 1 Bachrach Court ■ Dining Room

Children in this age range are developing rapidly on all levels. The practice of Yoga for Children has helped children develop mentally, emotionally, and physically. In this workshop, you'll discover what is developmentally appropriate, safe, fun and engaging for younger Yoga students. In this workshop you will: Play Games! Discover! Learn! You will learn fun Yoga games to play with kids in your childcare settings, at home or in the center classroom. Please bring a yoga mat or towel as well as wear appropriate yoga (or loose) clothing because you'll be practicing some fun yoga moves. *Presenter: Renee Brennan, MSW, Early Childhood Mental Health Consultant, Caregiver Connections.*

**FCC & Centers • Call CCRS to register • 2 Training Hours • FREE**

### **March 15 – Urbana – SAYD Credential Level 1/ Tier 2, Module 6: Observation and Assessment**

6:30 pm to 9:30 pm ■ Leal School ■ 312 W. Oregon ■ *Presenter: Sandy Davin, Director, Before & After School Programs, Urbana School District #116.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE**

### **March 15 – Watseka – Wonderful Words: Language and Literacy Learning with Toddlers and Preschool**

6:30 pm to 8:30 pm ■ Calvary Lutheran Church ■ 120 E. Hickory Street

Create a rich language and literacy environment through developmentally appropriate activities. In this workshop, you'll learn to define and understand the importance of language and literacy learning in school readiness, ways to create a literacy rich environment, how to identify and relate the Illinois Early Learning and Development Standards to language and literacy development, activities that promote language and literacy development, and ways to involve families in literacy learning. *Presenter: Amy Kilgus Chamley, Director, Mother's Morning Out.*

**FCC & Centers • Call CCRS to register • 2 Training Hours • FREE**

### March 16 – Decatur – Art: More Than Messy and Fun

7:00 pm to 9:00 pm ■ Discovery Depot ■ 2715 N. 27<sup>th</sup> Street

This training has been developed to help attendees see art activities that are developmentally appropriate, process-oriented, and address the values of the environmental rating scales. Activities will be presented for various age groups and settings. There will not only be materials displayed for examples, but also hands-on activities so that the participants will have some basic experiences to take back to use with the children in their care. *Presenter: Rhonda Costa, Director, The Caring Place, Urbana.* **FCC & Centers • Call CCRS to register • 2 Training Hours • FREE**

### March 18 – Decatur – Family and Community: Partners in Learning

8:30 am Check-in; 9:00 am to 12:15 pm Workshop ■ Creative Kids Daycare ■ 1177 W. Hickory Point Road ■ Fireside Room

Space is Limited. REGISTRATION DEADLINE: 3/7/17. NO WALK-INS

The benefits of strong family and community engagement practices in the child care setting will be the basis of discussion. Participants will identify the strengths of current family and parent policies, as well as discuss strategies to develop a strengths-based family and community engagement plan. *Presenter: Wendy Iverson, Director, Noah's Ark Preschool, Bloomington.*



**FCC & Centers • Call CCRS to register • 3 Training Hours • \$10.00 • Make check payable to “University of Illinois”.**

### March 18 – Urbana – ECE Credential Level 1 / Tier 3, Module 8B: Preschool Development – Physical Development

9:00 am to 12:00 noon ■ Bevier Hall ■ 905 S. Goodwin Avenue

As toddlers mature, their minds aren't the only things growing at an incredible rate. You'll understand the special area of physical development in preschool-age children. You'll also learn about fine motor activities that will help preschoolers grow into their bodies while developing coordination and movement. *Presenter: Cara McMorris, ITN Trainer.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE**

### March 18 – Urbana – ECE Credential Level 1 / Tier 3, Module 8C: Preschool Development – Language Development

1:00 pm to 4:00 pm ■ Bevier Hall ■ 905 S. Goodwin Avenue

Appropriate speech patterns and language skills are crucial to nurturing effective communications by preschoolers. In this third class on preschool development, you'll explore how to use picture and story books to lay the foundation for good reading and proper language use. This class comes complete with discussions how to help children with special needs. *Presenter: Cara McMorris, ITN Trainer.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE**

### March 20 – Decatur – PITC / Module 3, Session 3: Language Development

6:30 pm to 8:30 pm ■ Creative Kids Daycare ■ 1177 W. Hickory Point Road ■ Room 124 ■ *Presenter: Barb Schuldt, Executive Director, Wee Folk FCC & Centers* • Call CCRS to register • 2 Training Hours • FREE

### March 21 – Decatur – Macon County Child Care Director's Association

12:30 pm to 2:30 pm ■ Wee Folk II ■ 1170 E. Orchard Street ■ For Center Directors ■ Contact *Barb Schuldt or Lisa Mundy at (217) 423-3655*

### March 23 – Urbana – Understanding and Planning for Continuous Quality Improvement

6:30 pm to 9:30 pm ■ Bevier Hall ■ 905 S. Goodwin Avenue  
Space is Limited. REGISTRATION DEADLINE: 3/10/17. NO WALK-INS

One of the distinguishing characteristics of high-quality early childhood programs is their ability to adapt to change. This training will explore the concept of Continuous Quality Improvement (CQI) as an essential component of first-rate programs. Through discussion and group activities, participants will learn the key features of this leadership philosophy, the steps in the CQI process, and how to create a Continuous Quality Improvement Plan (CQIP) to guide change. *Presenters: Tina Wiegel and Jenny Garinger, Quality Specialists, CCRS*



**FCC & Centers** • Call CCRS to register • 3 Training Hours • \$10.00 • Make check payable to “University of Illinois”.

### March 23 – Rantoul – Cooking Together / Learning Together

6:30 pm to 8:30 pm ■ Rantoul Public Library ■ 106 W. Flessner

Used for years as an important teaching tool for all ages, cooking with the children is fun and engages the children with connections to many content areas. Hands-on activities for children of all ages! *Presented by: Rhonda Costa, Director, The Caring Place.*

**FCC & Centers** • Call CCRS to register • 2 Training Hours • FREE

### March 27 – Decatur – PITC / Module 3, Session 4: Special Needs

6:30 pm to 8:30 pm ■ Creative Kids Daycare ■ 1177 W. Hickory Point Road ■ Fireside Room ■ *Presenter: Barb Schuldt, Executive Director, Wee Folk.*

**FCC & Centers** • Call CCRS to register • 2 Training Hours • FREE

### March 28 – Urbana – Implementation of ASQ3 & ASQ:SE2 in Childcare Settings

7:00 pm to 9:00 pm ■ Carle Conference West B ■ 810 University Avenue (Backside of Carle Auxiliary Resale Boutique)

This session will focus on how to effectively use both the Developmental ASQ3 and Social Emotional Ages and Stages ASQ:SE2 Screening Questionnaires effectively in a childcare setting. Participants will look at the benefits of using screenings as well as the steps required to implementing and administering screenings with children and families in your program. *Presented by: Renee Brennan, MSW, Early Childhood Mental Health Consultant, Caregiver Connections.*

**FCC & Centers** • Call CCRS to register • 2 Training Hours • FREE

**March 29 – Urbana – SAYD Credential Level 1/ Tier 3, Module 7a: Building Relationships with Children and Youth**

6:30 pm to 9:30 pm ■ Leal School ■ 312 W. Oregon ■ *Presenter: Sandy Davin, Director, Before & After School Programs, Urbana School District #116.*

**FCC & Centers • Call CCRS to register • 3 Training Hours • FREE**